

New Prescription Policy for Over the Counter Medicines

Worcestershire CCGs no longer support prescribing of some over the counter medicines

This means that GPs are now advising patients to purchase a range of over the counter medicines from a local supermarket or pharmacy.

Why?

Your local NHS needs to save around £30 million pounds. To do this Worcestershire CCGs are improving efficiency and reducing waste. However, they are also restricting some services to protect others.

Help us to help the NHS save money!

Know yourself...

Do you have:

- A cough or cold?
- Sprains, aches & pains?
- Hayfever?
- Head lice?
- An upset stomach?
- Headaches?

Help yourself...

- These common conditions can be treated at home
- Pharmacies and most supermarkets stock the medicines you require at low cost.



Treat yourself...

Price comparison:

500mg Paracetamol tablets (16): 30p*

Cost to NHS: £6.74

For more information on any of the above please visit:
www.worcestershire.nhs.uk/prescribing/

Produced on behalf of:

NHS Redditch and Bromsgrove Clinical Commissioning Group
NHS South Worcestershire Clinical Commissioning Group
NHS Wyre Forest Clinical Commissioning Group

*Average price from a variety of sources, as of September 2017